3.3.3

Number of extension and outreach programs conducted by the institution through NSS/NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the year 2022-2023



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3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the year

3.3.4 Number of students participating in extension activities at 3.3.3. above during the year

Sl No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
	NSS UNIT				
1	College Foundation Day Celebration & Tree Plantation Programme	NSS Unit and Sonamukhi College	Annual Activity	17/08/2022	20
2	Botanical Garden Cleaning	NSS Unit and Sonamukhi College	Annual Activity	06.09.2022	15
3	Adopted Village Cleanliness Program(Muslo)	NSS Unit and Sonamukhi College	Annual Activity	06.09.2022	22
4	Tree plantation program [NAAC peer team members]	NSS Unit and Sonamukhi College		09.09.22	25
5	NSS Day Celebration	NSS Unit and Sonamukhi College	Annual Activity	24/09/2022	25
6	Clean India Program	NSS Unit and Sonamukhi College	Annual Activity	18.10.2022	15
7	Fit India Program	NSS Unit and Sonamukhi College	Annual Activity	19.10.2022	17
8	Student Credit Card awareness Camp	NSS Unit and Sonamukhi College		01.11.2022	18
9	Adventure Camp, Manali	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Manali, Himachal Prades, Govt. Of India		27.10.2022 - 05.11.2022	1
10	Residential Training under the Scheme "Up-Scaling Apada Mitra"	Department of Disaster Management & Civil Defence, Bankura, Govt. Of West Bengal		07.11,2022 - 19.11,2022	4
	NSS Special Camp	NSS Unit and Sonamukhi College		14/12/2022-20/12/2022	100
	i)Inaugural programme	NSS Unit and Sonamukhi College		14/12/2022	100
11	ii)Tree plantation and Health camp at adopted village Muslo	NSS Unit and Sonamukhi College	NSS Special Cmap	15/12/2022	100
	iii) Training on climb the Mountant	NSS Unit and Sonamukhi College	Annual Control	16.12.2022	100







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	iv) Tree plantation and health camp at adopted village Shiber bandh	NSS Unit and Sonamukhi College		17.12.2022	100
	v) Tree plantation and health camp at adopted village Churamonipur	NSS Unit and Sonamukhi College		18.12.2022	100
	vi) Blood Donation Camp	NSS Unit and Sonamukhi College		19.12.2022	100
	vii) Training on fire extinguisher	NSS Unit and Sonamukhi College		19.12.2022	100
	viii) Yoga training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	ix) Carate training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	x) Closing and cultural programme	NSS Unit and Sonamukhi College		20/12/2022	100
12	National Youth Day	NSS Unit and Sonamukhi College	Annual Activity	12.01.2023	25
13	Republic Day celebration	NSS Unit and Sonamukhi College	Annual Activity	26/01/2023	30
14	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt. Of India & The University of Burdwan, W.B.		18.02.2023 - 24.02.2023	1
15	Celebration of International Women Day	NSS Unit and Sonamukhi College	Annual Activity	09.03.2023	20
16	Sensitization Campaign on " Health Hazard & ill effect of Tobacco"	NSS Unit Sonamukhi College & Bankura Health District	1=	15.03.2023	30
17	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Odisha,Puri, Govt. Of India & sri jagannath veda karmakanda mahavidyalaya, puri		19.03.2023 - 25.03.2023	1
18	International Yoga Day	NSS Unit and Sonamukhi College	Annual Activity	21/06/2023	20
19	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Chennai, Tamilnadu, Govt. Of India & B.S.Abdul Rahman University, Vandalur, Chennai, (Tamilnadu)		19.06.2023 - 25.06.2023	1
	NCC UNIT				
20	College Campus Cleaning Programme	Sonamukhi College	NCC UNIT	13-08-2022	51







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	iv) Tree plantation and health camp at adopted village Shiber bandh	NSS Unit and Sonamukhi College		17.12.2022	100
	v) Tree plantation and health camp at adopted village Churamonipur	NSS Unit and Sonamukhi College		18.12.2022	100
	vi) Blood Donation Camp	NSS Unit and Sonamukhi College		19.12.2022	100
	vii) Training on fire extinguisher	NSS Unit and Sonamukhi College		19.12.2022	100
	viii) Yoga training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	ix) Carate training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	x) Closing and cultural programme	NSS Unit and Sonamukhi College		20/12/2022	100
12	National Youth Day	NSS Unit and Sonamukhi College	Annual Activity	12.01.2023	25
13	Republic Day celebration	NSS Unit and Sonamukhi College	Annual Activity	26/01/2023	30
14	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt. Of India & The University of Burdwan, W.B.		18.02.2023 - 24.02.2023	1
15	Celebration of International Women Day	NSS Unit and Sonamukhi College	Annual Activity	09.03.2023	20
16	Sensitization Campaign on " Health Hazard & ill effect of Tobacco"	NSS Unit Sonamukhi College & Bankura Health District	1=	15.03.2023	30
17	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Odisha,Puri, Govt. Of India & sri jagannath veda karmakanda mahavidyalaya, puri		19.03.2023 - 25.03.2023	1
18	International Yoga Day	NSS Unit and Sonamukhi College	Annual Activity	21/06/2023	20
19	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Chennai, Tamilnadu, Govt. Of India & B.S.Abdul Rahman University, Vandalur, Chennai, (Tamilnadu)		19.06.2023 - 25.06.2023	1
	NCC UNIT				
20	College Campus Cleaning Programme	Sonamukhi College	NCC UNIT	13-08-2022	51







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21	76th Independence Day Celebration and Covid-19 Awareness Rally and Fruit Distribution at Sonamukhi Hospital.	Sonamukhi College	ANNUAL ACTIVITY	15-08-2022	45
22	NCC Special Class	Sonamukhi College	NCC UNIT	17-08-2022	42
23	Obstacle Ground Preparation	Sonamukhi College	NCC UNIT	25-08-2022	34
24	Trekking And Rappelling	Sonamukhi College	NCC UNIT	17-12-2022	34
25	Birth Day Celebration of Netaji Subhas Chandra Bose	Sonamukhi College	NCC UNT	23-01-2023	69
26	Republic Day Celebration	Sonamukhi College	NCC UNIT	26-01-2023	61
27	International Yoga Day Celebration	Sonamukhi College	NCC UNIT	21-06-2023	89



Principal Sonamukhi College Sonamukhi, Bankura Principal Sonamukhi College Sonamukhi, Bankura

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Extension and outreach programs conducted by the institution through NSS

NSS Activities for Academic Yr. 2022-2023

1. College Foundation Day Celebration & Tree Plantation Programme.

Date: 17/08/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-20

Aim:

To plant a good number of saplings for environmental safety.

• To generate awareness in people about environment.



2. Botanical Garden Cleaning.

Date: 06/09/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-15

Aim:

• Botanical garden is to keep all the medicinal plants there free from insects and create a healthy environment.



3. Adopted Village Cleanliness Program(Muslo)

Date: 06/09/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-22

Aim:

• a platform for raising awareness on environmental issues as marine pollution.



4. Tree plantation program [NAAC peer team members].

Date: 09/09/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-25

Aim.

• To generate awareness in people about environment.



5. NSS Day Celebration.

Date: 24/09/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-25

Aim:

• To celebrate the foundation day of NSS and generate knowledge among volunteers regarding the scope of NSS.





6. Clean India Program.

Date: 18/10/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-15

Aim:

• This mission was to achieve universal sanitation coverage.



7. Fit India Program.

Date: 19/10/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers-17

Aim:

 To encourage indigenous sports and to make fitness reach every school, college/university, panchayat/village, etc.



8. Student Credit Card awareness Camp.

Date: 01/11/2022

Organized by - NSS Unit Sonamukhi College

Number of volunteers- 18



9. Adventure Camp, Manali

Date:27.10.2022 - 05.11.2022

Organized by - Ministry of Youth Affairs & Sports, Regional Directorate of NSS Manali,

Himachal Prades, Govt. Of India

Number of volunteers-1



10. Residential Training under the Scheme "Up-Scaling ApadaMitra"

Date:07.11.2022 - 19.11.2022

Organized by - Department of Disaster Management & Civil Defence, Bankura, Govt. Of

West Bengal

Number of volunteers- 4





4. NSS Special Camp

Date: 14/12/2022 - 20/12/2022

Organized by - NSS Unit Sonamukhi College

Theme: Youth Role in Clean India

Number of volunteers-100

Aim:

- To involve volunteers for the sake of wellness of society, especially at the adopted villages.
- Generation of awareness through seminars.
- Blood Donation awareness.

Some Activities in NSS Special camp:-

- Inaugural programme.
- Tree plantation and Health camp at adopted village Muslo.
- Training on climb the Mountant.
- Tree plantation and health camp at adopted village Shiberbandh.
- Tree plantation and health camp at adopted village Churamonipur.
- Blood Donation Camp.
- Training on fire extinguisher.
- Yoga training program.
- Carate training program.
- Closing and cultural programme.

Photo Gallery

Inaugural programme Date: 14/12/2022







Tree plantation and Health camp at adopted village Muslo Date: 15/12/2022





Training on climbing the Mountant Date: 16/12/2022



Tree plantation and health camp at adopted village Shiber Bandh Date: 17/12/2022





Tree plantation and health camp at adopted village Churamonipur Date: 18/12/2022





Blood Donation Camp Date: 19/12/2022





Training on fire extinguishers Date: 19/12/2022





Yoga training program Date: 15/12/2022 - 20/12/2022





Carate training program Date: 15/12/22 -20/12/22





Closing and cultural programme Date: 20/122022









12. National Youth Day

Date: 12/01/2023

Organized by - NSS UnitSonamukhi College

Number of volunteers-25

Aim:

• a better future for the country by motivating the youth and spreading the ideas of the Swami Vivekananda.



13. Republic Day celebration

Date: 26/01/2023

Organized by - NSS UnitSonamukhi College

Number of volunteers-30

Aim:

• To celebrate the Republic day of India, along with NSS volunteers of the college.



14. National Integration Camp

Date: 18/02/2023-24/02/2023

Organized by - Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt.

Of India & The University of Burdwan, W.B.

Number of volunteers-1



15. Celebration of International Women Day

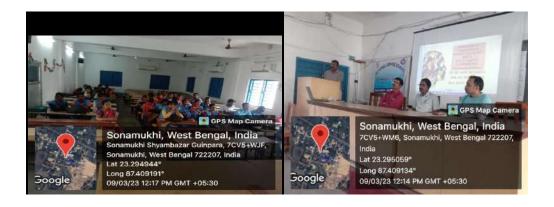
Date: 09/03/2023

Organized by - NSS UnitSonamukhi College

Number of volunteers-20

Aim:

• The progress made towards achieving gender equality and women's empowerment.



16. Sensitization Campaign on "Health Hazard & ill effect of Tobacco"

Date: 15/03/2023

Organized by – NSS Unit Sonamukhi College & Bankura Health District

Number of volunteers-30

Aim:

• Discourages people from smoking & help people stop smoking.



17. National Integration Camp

Date: 19/03/2023-25/03/2023

Organized by – Ministry of Youth Affairs & Sports, Regional Directorate of NSS Odisha, Puri, Govt. Of India & sri jagannath veda karmakanda mahavidyalaya, puri

Number of volunteers-1



18. International Yoga Day

Date: 21/06/2023

Organized by -NSS Unit Sonamukhi College

Number of volunteers-20

Aim:

- To involve volunteers into the practice of yoga and make them understand its importance.
- Generation of awareness among people regarding importance of yoga.



19. National Integration Camp

Date: 19/06/2023 - 25/06/2023

Organized by — Ministry of Youth Affairs & Sports, Regional Directorate of NSS Chennai, Tamilnadu, Govt. Of India & B.S.Abdul Rahman University, Vandalur, Chennai, (Tamilnadu)

Number of volunteers-1





Extension and outreach programs conducted by the institution through NCC

• Title of the programme : COLLEGE CAMPUS CLEANING

PROGRAMME

• Organized by :NCC UNIT

• Date of the programme : 13th AUGUST, 2022

• Funding Agency :Sonamukhi College

• Number of student participants : 51 cadets participated

• Number of Teacher participated: 2

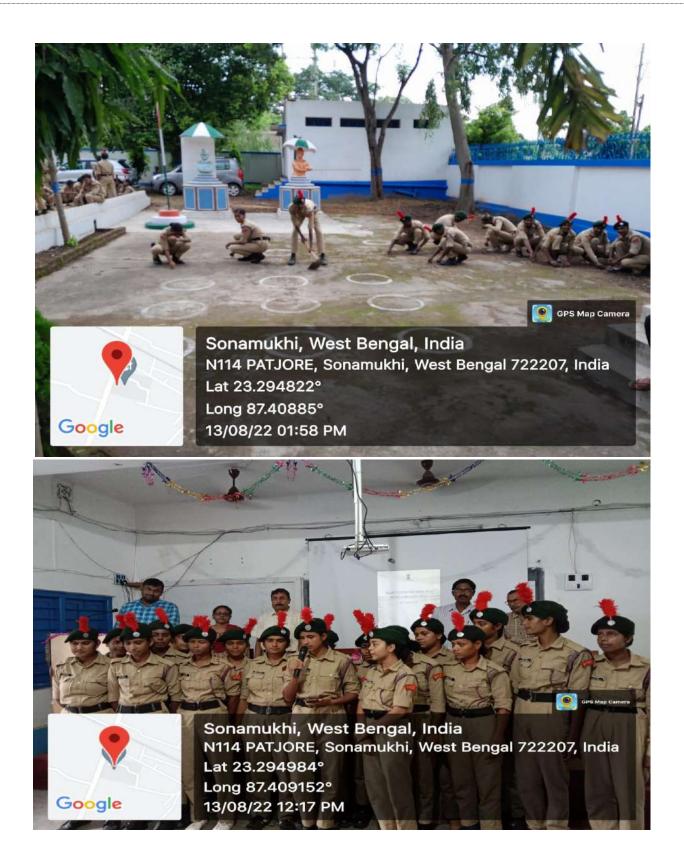
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❖ Aims and Objectives:

- ➤ To spread awareness about cleanliness and sanitization.
- ➤ To encourage people to be clean and hygiene in their daily lives and get free from obesity, laziness, stress, anxiety, diseases, etc.
- > To promote awareness and collective consciousness among the students.
- ➤ To bring about behavioral changes and move towards a more physically active life style.

Programme outcome:

- ➤ Cadets have got several informations about Sanitization and cleanliness.
- > Cadets gain knowledge about health and hygine.
- > Cadets have realized the importance of cleanliness.
- > Cadets have learn about the maintanane of social distancing and sanitization.
- ➤ This programme will help them in increasing self-awareness and sensitivity to others.





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COLLEGE CAMPUS CLEANING PROGRAMME

DATE - 13.08.2022

	DATE - 13.08	08.2022	
SL NO	NAME	REGIMENTAL NO	
1	RAHUL KR RUIDAS	WB19SDA176801	
2	PRATAP DEY	WB19SDA176804	
3	ARIJIT DUTTA	WB19SDA176816	
4	SUMAN GHOSH	WB19SDA176819	
5	SUKANYA ROY	WB19SWA176833	
6	TANUSREE BARUI	WB19SWA176834	
7	TANUSREE BAURI	WB19SWA176842	
8	BISWAJIT BAGDI	WB20SDA176478	
9	SUKLAL MURMU	WB20SDA176479	
10	RAM ROY	WB20SDA176481	
11	MD HOSEN KHAN	WB20SDA176484	
12	UTTAM KR DEASI	WB20SDA176486	
13	NILKANTA KARAK	WB20SDA176491	
14	RAKESH GHOSH	WB20SDA176495	
15	RAJIBUL MONDAL	WB20SDA176498	
16	JOY BAGDI	WB20SDA176500	
17	RAJESH BAURI	WB20SDA176501	
18	SAMIR GHOSH	WB20SDA176504	
19	SUJOY GHOSH	WB20SDA176507	
20	SUPRABHAT SAMANTA	WB20SDA176510	
21	PALLABI ROY	WB20SWA176514	
22	TITHI ADAK	WB20SWA176517	
23	RIMPA MODAK	WB20SWA176519	
24	SATHI MONDAL	WB20SWA176520	
25	RAKHI SHARMA	WB20SWA176524	
26	MOU RAJAK	WB20SWA176527	

LT. SALIL BHUIN Associate NGC Officer Somernathi College Schemathi, Bentura

Principal Sonamukhi Cellege Sonamukhi, Bankura





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27	SANCHITA KARAK	WB205WA176528
88	PRIYANKA GOSWAMI	WB205WA176529
29	SURAJIT MAL	W8215DA176519
30	SOHAM LOHAR	WB215DA176520
31	SAGAR SARKAR	WB215DA176521
32	PARTHA DEY	WB215DA176522
33	SADRUL MONDAL	WB215DA176523
34	SOMNATH ADHIKARI	WB21SDA176524
35	KAILASH BAGDI	WB215DA176527
36	SOURAV GHOSH	WB215DA176528
37	JAMUNA MAJUMDAR	WB215WA176529
38	SHIPRA MONDAL	WB21SWA176530
39	RIYA BHUNIYA	WB21SWA176531
40	RAKHI BAGDI	WB21SDA176532
41	KRISHNA ROY	WB21SWA176533
42	PRIYA BAURI	WB21SWA176534
43	RIYA MALLA	WB21SWA176535
44	SARASWATI BAURI	WB21SWA176536
45	RIMU BHADRA	WB21SWA176537
46	ANUJA BANERJEE	WB21SWA176538
47	ANJU BAURI	WB21SWA176539
48	SUPARNA GHOSH	WB21SWA176540
49	MAMON PARAMANIK	WB21SWA176541
50	MANASI MURMU	WB21SWA176542
51	SWAGATA MUKHERJEE	WB21SWA176543

Associate NICE Officer Sensmuthi College Sonamulti, Bankura

Principal Sonamukhi College Sonamukhi, Bankura

- Title of the programme : 76th Independence Day Celebration and Covid-19 Awareness Rally and Fruit Distribution at Sonamukhi Hospital.
- Organized by: NCC Unit and Sonamukhi College
- Date of the programme: 15th August, 2022
- Funding Agency :Sonamukhi College
- Number of student participants : 45 Cadets
- Number of Teacher participated :08
- Place of extension / outreach activity : College campus and Sonamukhi Hospital

❖ Aims and Objectives:

- > To show our solidarity towards the Nation.
- > To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- > To keep the love for India alive.
- ➤ To aware people about Dengue and Covid -19.
 - ❖ ProgrammeOutcome: Independence Day teaches students about the value of Independence as a nation, as a community. It is the day when we feel the love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, cooperation, self-discipline and self-confidence.









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76 INDEPENDENCE DAY CELEBRATION, COVID 19 AWARENESS RALLY & FRUIT DISTRIBUTION

	DATE- 15.08.2022	
1	SUKANYA ROY	WB19SWA176833
2	TANUSREE BARUI	WB19SWA176834
3	TANUSREE BAURI	WB19SWA176842
4	BISWAJIT BAGDI	WB20SDA176478
5	SUKLAL MURMU	WB20SDA176479
6	RAM ROY	WB20SDA176481
7	MD HOSEN KHAN	WB20SDA176484
8	UTTAM KR DEASI	WB20SDA176486
9	NILKANTA KARAK	WB20SDA176491
10	RAKESH GHOSH	WB20SDA176495
11	RAJIBUL MONDAL	WB20SDA176498
12	JOY BAGDI	WB20SDA176500
13	RAJESH BAURI	WB20SDA176501
14	SAMIR GHOSH	WB20SDA176504
15	SUJOY GHOSH	WB20SDA176507
16	SABIR ALI KHAN	WB20SDA176511
17	PALLABI ROY	WB20SWA176514
18	TITHI ADAK	WB20SWA176517
19	RIMPA MODAK	WB20SWA176519
20	SATHI MONDAL	WB20SWA176520
21	RAKHI SHARMA	WB20SWA176524
22	MOU RAJAK	WB20SWA176527
23	SANCHITA KARAK	WB20SWA176528
24	PRIYANKA GOSWAMI	WB20SWA176529
25	SURAJIT MAL	WB21SDA176519
26	SOHAM LOHAR	WB21SDA176520

Al.

LT. SALIL BHUIN Associate MCC Officer Sonamulthi College Sonamulthi, Bantura Principal Sonamukhi Cellege Sonamukhi, Bankura • Title of the programme : NCC SPECIAL CLASS

Organized by : NCC UNIT OF SONAMUKHI

COLLEGE

• Date of the programme : 17th August, 2022

• Funding Agency :Sonamukhi College

• Number of student participants : 42 cadets participated

• Number of Teacher participated : 2

• Place of extension / outreach activity : Sonamukhi College

• Beneficiaries : NCC cadets of Sonamukhi College

❖ Aims and Objectives:

- To encourage cadets for participation in various programmes through NCC.
- ➤ To encourage cadets to use this national platform for the betterment of future.
- ➤ To encourage NCC cadets to built personality and to become self depended.
- > To bring about behavioral changes and move towards a more active life style.
- > To encourage people to take up fitness activities such as running and sports in their daily life.
- ❖ **Programmeoutcome:**The cadets who attended the event created awareness on the need to maintain good habits and behavior through regular NCC classes.









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PO & P.S. - Sonamukhi Dist -Bankura

West Bengal, India -722 207

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NCC SPECIAL CLASS DATE - 17.08.2022 TANUSREE BARUI W8195WA176834 TANUSREE BAURI WB195WA176842 BISWAJIT BAGDI 3 WB20SDA176478 SUKLAL MURMU A WB20SDA176479 5 RAM ROY WB20SDA176481 MD HOSEN KHAN 6 WB20SDA176484 7 UTTAM KR DEASI WB205DA176486 NILKANTA KARAK 8 WB205DA176491 RAKESH GHOSH 9 WB205DA176495 SAMIR GHOSH 10 WB205DA176504 SUJOY GHOSH 11 W820SDA176507 SABIR ALI KHAN 12 WB205DA176511 PALLABI ROY 13 WB205WA176514 TITHI ADAK 14 WB20SWA176517 RIMPA MODAK WB20SWA176519 15 SATHI MONDAL WB205WA176520 16 **RAKHI SHARMA** WB20SWA176524 17 MOU RAJAK WB20SWA176527 18 SANCHITA KARAK WB205WA176528 19 PRIYANKA GOSWAMI WB20SWA176529 20 SURAJIT MAL WB21SDA176519 21 SOHAM LOHAR WB21SDA176520 22 SAGAR SARKAR WB21SDA176521 23 PARTHA DEY WB21SDA176522 24 SADRUL MONDAL WB21SDA176523 25 SOMNATH ADHIKARI WB215DA176524 26 KAILASH BAGDI WB21SDA176527 27

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LT. SALIL BHUIN Associate MCC Officer Sunsmulth! College Sonsmulth!, Benkurs Principal principal sonamukhi College Sonamukhi Ren



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28	SOURAV GHOSH	WB215DA176528
9	JAMUNA MAJUMDAR	WB21SWA176529
30	SHIPRA MONDAL	WB21SWA176530
31	RIYA BHUNIYA	WB21SWA176531
32	MAMON PARAMANIK	WB21SWA176541
33	RAKHI BAGDI	WB21SDA176532
34	MANASI MURMU	WB21SWA176542
35	SWAGATA MUKHERJEE	WB21SWA176543
36	KRISHNA ROY	WB21SWA176533
37	PRIYA BAURI	WB21SWA176534
38	RIYA MALLA	WB21SWA176535
39	SARASWATI BAURI	WB21SWA176536
40	RIMU BHADRA	WB21SWA176537
41	ANUJA BANERJEE	WB21SWA176538
42	RAJESH BAURI	WB20SDA176501
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LT. SALIL BHUIN

Associate MCC Officer Sonsmutchi Cotlege Sonsmutchi, Bankura Principal
Consmukhi College
Sonamukhi, Reckura

• Title of the programme : OBSTACLE GROUND PREPARATION

• Organized by : NCC Unit

• Date of the program:25th August, 2022

• Funding Agency : Sonamukhi College

• Number of student participants : 34 cadets participated

• Number of Teacher participated : 1

• Place of extension / outreach activity : College campus

• Beneficiaries : Teachers & Cadets

Aims and Objectives:

➤ To prepare a training ground in the college campus.

- > To promote national integration, camaraderie, and a spirit of adventure.
- ➤ To develop character, personality and ideals of selfless service.
- ➤ The cadets would become familiar with the culture of various training activities.

Programme outcome:

- Improve Fitness and Weight loss of the cadets.
- > Trekking &Rapling enables cadets to grow leadership skills and enhance their character qualities.
- It would also build self-confidence, self-discipline and gain problem solving skills, leadership skills and enhance awareness about the environment.







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SONAMUKHI COLLEGE

PO & PS - Sonamukhi Dist -Bankura West Bengal, India -722 207

NAAC B' 2022 AISHE : C-44762

-	OBSTACLE GROUND PREP	7.5.0.1.
	DATE - 25.08.202	2
1	MD HOSEN KHAN	WB20SDA176484
2	UTTAM KR DEASI	WB20SDA176486
3	NILKANTA KARAK	WB20SDA176491
4	RAKESH GHOSH	WB20SDA176495
5	SAMIR GHOSH	WB20SDA176504
6	SUJOY GHOSH	WB20SDA176507
7	SABIR ALI KHAN	WB20SDA176511
8	PALLABI ROY	WB20SWA176514
9	TITHI ADAK	WB20SWA176517
10	RIMPA MODAK	WB20SWA176519
11	SATHI MONDAL	WB20SWA176520
12	RAKHI SHARMA	WB20SWA176524
13	MOU RAJAK	WB20SWA176527
14	SANCHITA KARAK	WB20SWA176528
15	PRIYANKA GOSWAMI	WB20SWA176529
16	SOHAM LOHAR	WB21SDA176520
17	SAGAR SARKAR	WB21SDA176521
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	JAMUNA MAJUMDAR	WB21SWA176529
21	SHIPRA MONDAL	WB21SWA176530
22	RIYA BHUNIYA	WB21SWA176531
23	MAMON PARAMANIK	WB21SWA176541
24	RAKHI BAGDI	WB21SDA176532
25	MANASI MURMU	WB21SWA176542
26	SWAGATA MUKHERJEE	WB21SWA176543
27	KRISHNA ROY	WB21SWA176533

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SONAMUKHI COLLEGE PO & P.S. - Sonamukhi: Dist -Bankura West Bengal, India -722 207 NAAC B AISHE: C-

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28	PRIYA BAURI	WB21SWA176534
29	RIYA MALLA	WB21SWA176535
30	SARASWATI BAURI	WB21SWA176536
31	RIMU BHADRA	WB21SWA176537
		Wolffernands



• Title of the programme : Trekking and Rappelling

Organized by : NCC Unit & DMA

Date of the programme: 17th December, 2022
 Funding Agency : Sonamukhi College

• Number of student participants : 34 cadets participated

• Number of Teacher participated : 4

• Place of extension / outreach activity : College campus

• Beneficiaries : Teachers & Cadets

❖ Aims and Objectives:

- ➤ To promote national integration, camaraderie, and a spirit of adventure.
- ➤ To develop character, personality and ideals of selfless service.
- ➤ The cadets would become familiar with the culture of various places.

* Programme outcome:

- Improve Fitness and Weight loss of the cadets.
- ➤ Trekking &Rapling enables the cadets to reduce the risk of diabetes, strokes, heart failures, and heart attacks.
- ➤ Trekking &Rapling enables cadets to grow leadership skills and enhance their character qualities.
- ➤ It would also build self-confidence, self-discipline and gain problem solving skills, leadership skills and enhance awareness about the environment.









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PO & PS - Sonamukhi, Dist -Bankura, West Bengal, India -722 207

NAAC B' 2022 AISHE : C-44762

TREKKING & RAPPLING

	DATE - 17.12.2022	
1	RAKESH GHOSH	WB20SDA176495
	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	WB20SWA176524
10	MOU RAJAK	WB20SWA176527
11	SANCHITA KARAK	WB20SWA176528
12	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB21SWA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB21SWA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB21SWA176543

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LT. SALIL BHUIN Associate NCC Officer Sonamulthi College Sonamulthi, Bankura





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SONAMUKHI COLLEGE PO & P.S. - Sonamukhi Dist -Bankura West Bengal, India -722 207 NAAC B AISHE: C-

NAAC 8" 2022 AISHE : C-44762

28	KRISHNA ROY	WB21SWA176533
29	PRIYA BAURI	WB21SWA176534
30	RIYA MALLA	WB21SWA176535
31	SARASWATI BAURI	WB21SWA176536
32	RIMU BHADRA	WB21SWA176537
33	ANUJA BANERJEE	WB21SWA176538
34	RAJESH BAURI	WB20SDA176501
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LT. SALIL BHUIN

Associate NCC Officer Sonamukhi College

Sonamukhi, Bankura

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Title of the programme:Birth Day Celebration of Netaji Subhas Chandra Bose

Organized by : NCC Unit and Sonamukhi College

• Date of the programme : 23rd January, 2023

• Funding Agency : Sonamukhi College

• Number of student participants :69 Cadets

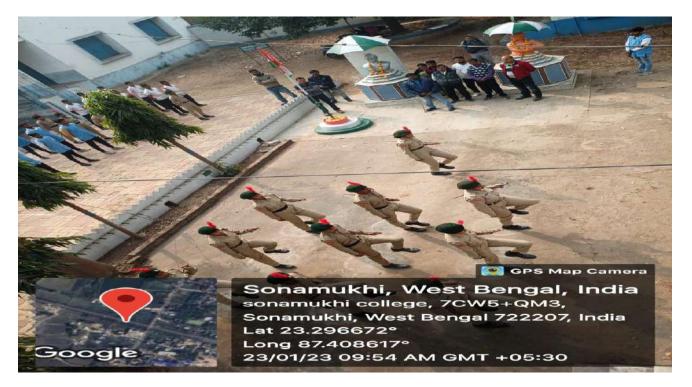
• Number of Teacher participated : 08

❖ Aims and Objectives:

- > To show our solidarity towards the Nation.
- > To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- To keep the love for India alive.
- ➤ To show our love and respect to the freedom fighters of our country.

Programmeoutcome:-

It is traditionally observed in all over India. It is an official holiday in West Bengal, Jharkhand, Tripura and Assam. The Government of India pays tribute to Netaji on this day. Netaji Jayanti was observed as ParakramDiwas from 2021.23rdJanuary teaches students about the value of love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, cooperation, self-discipline and self- confidence.









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NAAC B' 2022 AISHE : C-44762

	DATE - 23.01.2023	
	RAKESH GHOSH	WB20SDA176495
2	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	W820SWA176524
10	MOU RAJAK	WB20SWA176527
11	SANCHITA KARAK	WB20SWA176528
12	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB21SWA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB21SWA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB21SWA176543

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Principal Sonamukhi College Sonamukhi, Bankura



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PO & PS - Sonamukhi Dist -Bankura West Bengal, India -722 207

NAAC 8" 2022 AISHE : C-44762

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RIYA MALLA SARASWATI BAURI SARASWATI BAURI RIMU BHADRA BISWA176536 ANUJA BANERIEE RAJESH BAURI BISWAJIT TUDU WB22SDA252401 HAIDAR ALI MONDAL SADANANDA RUIDAS SUBRATA DHARA WB22SDA252402 RAHUL DAS SAHEB MIT WB22SDA252400 WB22SDA252400 NAYAN HALDAR SAHEB MIT WB22SDA252400 WB22SDA252400 RAHUL DAS SAHEB MIT WB22SDA252411 WB22SDA252400 WB22SDA252400 WB22SDA252392 RAHUL DAS WB22SDA252392 RAHUL DAS WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252388 WB22SDA252417 WB22SDA252388 WB22SDA252411 WB22SDA252411 WB22SDA252411 WB22SDA252409 WB22SDA252380 WB22SDA252380 WB22SDA252381 WB22SDA252381 WB22SDA252405 WB22SDA252405 WB22SDA252405 WB22SDA252406 WB22SDA252380 WB22SDA252410 WB22SDA252380 WB22SDA252380 WB22SDA252410 WB22SDA252410 WB22SDA252410 WB22SDA252410 WB22SDA252410 WB22SDA252309 WB22SDA252309 WB22SDA252410 WB22SDA252410 WB22SDA252309 WB22SDA252410 WB22SDA252309 WB22SDA252410 WB22SDA252410 WB22SDA252410 WB22SDA252309 WB22SDA252410	29	PRIYA BAURI	
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SUBHADIP SUTRADHAR WB22SDA252393	55	SOMNAH LOHAR	
ROHAN KAR	56	SUBHADIP SUTRADHAR	
SOURAV GHOSH WB22SDA252412	57	ROHAN KAR	
BIKRAM MONDAL WB22SDA252407 ANKHI GHOSH WB22SWA252420 SUSMITA TALUKDAR WB22SWA252423	58	SOURAV GHOSH	
ANKHI GHOSH WB22SWA252420 SUSMITA TALUKDAR WB22SWA252423	59	BIKRAM MONDAL	
SUSMITA TALUKDAR WB22SWA252423	60	ANKHI GHOSH	
CONAN DOV	61	SUSMITA TALUKDAR	
	62	SOMA ROY	WB225WA252427

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LT. SALIL BITUIN Associate NCC Officer Sonamukhi College Sonamukhi, Bankura

SOREMUKIN College



Title of the programme : Republic Day Celebration

Organized by : NCC Unit and Sonamukhi

College

• Date of the programme : 26th January, 2023

• Funding Agency : Sonamukhi College

• Number of student participants :61 Cadets

• Number of Teacher participated :12

* Aims and Objectives:

- > To show our solidarity towards the Nation.
- To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- > To keep the love for India alive.
- > To show our love and respect to the freedom fighters of our country.

❖ ProgrammeOutcome:-

It is traditionally observed in all over India. It is an official holiday in West Bengal, Jharkhand, Tripura and Assam. The Government of

India pays tribute to Netaji on this day. Netaji Jayanti was observed as ParakramDiwas from 2021.23rdJanuary teaches students about the value of love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, co-operation, self-discipline and self- confidence.







SONAMUKHI COLLEGE

PO & PS - Sonamukhi, Dist -Bankura, West Bengal, India -722 207

NAAC B* 2022 AISHE : C-44762

Republic Day Celebration DATE - 26.01.2023 **RAKHI SHARMA** 1 WB20SWA176524 **MOU RAJAK** 2 WB20SWA176527 SANCHITA KARAK 3 WB20SWA176528 PRIYANKA GOSWAMI 4 WB20SWA176529 SURAJIT MAL 5 WB21SDA176519 **SOHAM LOHAR** 6 WB21SDA176520 SAGAR SARKAR 7 WB21SDA176521 **PARTHA DEY** 8 WB21SDA176522 SADRUL MONDAL 9 WB21SDA176523 SOMNATH ADHIKARI 10 WB21SDA176524 KAILASH BAGDI 11 WB21SDA176527 SOURAV GHOSH WB21SDA176528 12 JAMUNA MAJUMDAR WB21SWA176529 13 SHIPRA MONDAL WB21SWA176530 14 **RIYA BHUNIYA** WB21SWA176531 15 MAMON PARAMANIK WB21SWA176541 16 **RAKHI BAGDI** WB21SDA176532 17 MANASI MURMU WB21SWA176542 18 SWAGATA MUKHERJEE WB21SWA176543 19

ASSOCIATION ASSOCIATION ASSOCIATION NCC Officer Sonamulani College Sonamulani, Bankura

Principal
Sonamukhi Cellega
Sonamukhi, Bankura

1	PRIYA BAURI	WB21SWA176534
2	RIYA MALLA	WB21SWA176535
3	SARASWATI BAURI	WB21SWA176536
4	RIMU BHADRA	WB21SWA176537
5	ANUJA BANERJEE	WB21SWA176538
	RAJESH BAURI	WB20SDA176501
6	BISWAJIT TUDU	WB22SDA252403
7		WB22SDA252414
8	HAIDAR ALI MONDAL	WB22SDA252408
9	SADANANDA RUIDAS	WB22SDA252402
0	SUBRATA DHARA	WB225DA252385
1	SOUMYA GHOSH	WB225DA252391
2	NAYAN HALDAR	WB225DA252392
13	SUROJ SEKH	WB22SDA252392 WB22SDA252400
14	RAHUL DAS	WB22SDA252400 WB22SDA252388
35	SAHEB MIT	WB22SDA252388 WB22SDA252417
36	SHIBAM ANKURE	WB22SDA252417
37	JAGANNATH GHOSH	WB22SDA252411 WB22SDA252405
38	LAKSHMAN BASKE	WB22SDA252409
39	GOURANGA BAGDI	WB225DA252382
40	RAJESH DARI	WB225DA252384
41	SUBHAJIT MALLA	WB225DA252390
42	PAPU PAL	WB225DA252330 WB225DA252410
43	TARUN KUMAR GHOSH	WB225DA252410 WB225DA252401
44	AYAN BANGAL	WB225DA252401 WB225DA252413
45	DEBU GHOSH	WB225DA252415
46	SOURAV GHOSH	WB22SDA252397
47	SOMNAH LOHAR	WB22SDA252393
48	SUBHADIP SUTRADHAR	WB22SDA252389
49	ROHAN KAR	WB22SDA252412
50	SOURAV GHOSH	WB22SDA252407
51	BIKRAM MONDAL	WB22SWA252420
52	ANKHI GHOSH SUSMITA TALUKDAR	WB22SWA252423
53		WB22SWA252427
54	SOMA ROY SWEETY CHATTOPADHYAY	WB22SWA252432
55		WB22SWA252421
56	SAMAPTI GHOSH PRIYA DAS	WB22SWA252418
57	MAMPI TAPASI	WB22SWA252431
58	HASNAHANA KHATUN	WB22SWA252424
59	RAKHI DAS	WB22SWA252433
60	PRIYA PAL	WB225WA252434
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• Title of the programme : INTERNATIONAL YOGA DAY CELEBRATION

Organized by :NCC UNIT

• Date of the programme : 21st JUNE, 2023

• Funding Agency : Sonamukhi College

• Number of student participants : 89 cadets participated

Number of Teacher participated : 04
 MOTTO : Fitness Ka Dose, Aadha Ghanta Roz.

❖ Aims and Objectives:

- > To spread awareness on fitness and various physical activities that promote fitness through Yoga.
- ➤ To encourage people to take up fitness activities such as running and sports in their daily lives and get free from obesity, laziness, stress, anxiety, diseases, etc.
- > To promote fitness as easy, fun and free.
- > To bring about behavioral changes and move towards a more physically active life style.
- ❖ **Programmeoutcome:**The cadets who attended the event created public awareness on the need to maintain good physical condition through regular Yoga practice..







NAAC 81 2022 AISHE : C-44762

	INTERNATIONAL YOGA	DAY
	DATE - 21.06 2023	
1	RAKESH GHOSH	WB205DA176495
2	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	WB20SWA176524
10	MOU RAJAK	WB20SWA176527
1	SANCHITA KARAK	WB20SWA176528
.2	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB215WA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB215WA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB215WA176543

LT. SALIL BHUIN Associate NCC Officer

Sonamukhi College Sonemukhi, Bankura SOF AT JAN SA





PO APS Sonamukhi Dist Bankura NAAC B West Bengal, India -722 207

NAAC 81 2022 AISHE C-44762

28	KRISHNA ROY	WB215WA176533
29	PRIYA BAURI	WB215WA176534
30	RIYA MALLA	WB21SWA176535
31	SARASWATI BAURI	WB21SWA176536
32	RIMU BHADRA	WB21SWA176537
33	ANUJA BANERJEE	WB215WA176538
34	RAJESH BAURI	WB205DA176501
35	BISWAJIT TUDU	WB22SDA252403
36	HAIDAR ALI MONDAL	WB22SDA252414
37	SADANANDA RUIDAS	WB22SDA252408
38	SUBRATA DHARA	WB22SDA252402
39	SOUMYA GHOSH	WB22SDA252385
40	NAYAN HALDAR	WB22SDA252391
41	SUROJ SEKH	WB22SDA252392
42	RAHUL DAS	WB22SDA252400
13	SAHEB MIT	WB22SDA252388
14	SHIBAM ANKURE	WB22SDA252417
15	JAGANNATH GHOSH	WB22SDA252411
16	LAKSHMAN BASKE	WB22SDA252405
47	GOURANGA BAGDI	WB22SDA252409
48	RAJESH DARI	WB22SDA252382
49	SUBHAJIT MALLA	WB22SDA252384
50	PAPU PAL	WB22SDA252390
51	TARUN KUMAR GHOSH	WB22SDA252410
52	AYAN BANGAL	WB22SDA252401
53	DEBU GHOSH	WB22SDA252413
54	SOURAV GHOSH	WB22SDA252406
55	SOMNAH LOHAR	WB22SDA252397
56	SUBHADIP SUTRADHAR	WB22SDA252393
57	ROHAN KAR	WB22SDA252389
58	SOURAV GHOSH	WB22SDA252412
59	BIKRAM MONDAL	WB22SDA252407
60	ANKHI GHOSH	WB225WA252420
61	SUSMITA TALUKDAR	WB22SWA252423
62	SOMA ROY	WB22SWA252427

LT. SALIL BRUIN ASSOCIATION NCC Officer Sonamuch College Sonemuthi, Bankura

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SONAMUKHI COLLEGE PO & P.S. Sonamukhi, Dist. Bankura West Bengal, India -722 207 NAAC B

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64	SAMAPTI GHOSH	WB22SWA252421
65	PRIYA DAS	WB22SWA252418
66	MAMPI TAPASI	WB22SWA252431
67	HASNAHANA KHATUN	WB22SWA252424
68	RAKHI DAS	WB225WA252433
69	PRIYA PAL	WB22SWA252434
70	SONALI BARUI	WB22SWA252419
71	SIMA KHATUN	WB22SWA252429
72	USAMMA KHATUN	WB22SWA252430
73	PRADIP RUIDAS	WB20SDA176482
74	SUBHADIP PARAMANIK	WB20SDA176480
75	SUSHANTA GHOSH	WB20SDA176485
76	AYAN SHARMA	WB20SDA176488
77	SANTI MURMU	WB20SDA176488
78	SUDIIP BAURI	WB20SDA176490
79	DHANAPATI BAURI	The second secon
80	PRADIP BAGDI	WB20SDA176492 WB20SDA176493
81	JOY BAGDI	WB20SDA176500
82	RAJESH BAURI	WB20SDA176501
83	MUKUL MANDI	WB20SDA176503
84	SAMIR GHOSH	WB20SDA176504
85	SUJOY GHOSH	WB20SDA176507
86	SANTANU GHOSH	WB20SDA176508
87	SUPRABHAT SAMANTA	WB20SDA176510
88	SHYAMAL MAHANTA	WB21SDA176517
89	SANJAY RUIDAS	WB21SDA176503
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