

### 3.3.3

Number of extension and outreach programs conducted by the institution through NSS/NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs ) during the year 2022-2023



# SONAMUKHI COLLEGE

23°17'41.2"N 87°24'32.9"E  
P.O. & P.S. - Sonamukhi, Dist.-Bankura,  
West Bengal, India -722 207

Communication :: info@sonamukhicollege.ac.in  
Students' Gateway :: students@sonamukhicollege.ac.in  
Call # +91-3244-275251

NAAC: B+ 2022  
AISHE : C-44762

**3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs ) during the year**

**3.3.4 Number of students participating in extension activities at 3.3.3. above during the year**

Sl No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
<b>NSS UNIT</b>					
1	College Foundation Day Celebration & Tree Plantation Programme	NSS Unit and Sonamukhi College	Annual Activity	17/08/2022	20
2	Botanical Garden Cleaning	NSS Unit and Sonamukhi College	Annual Activity	06.09.2022	15
3	Adopted Village Cleanliness Program(Muslo)	NSS Unit and Sonamukhi College	Annual Activity	06.09.2022	22
4	Tree plantation program [NAAC peer team members]	NSS Unit and Sonamukhi College		09.09.22	25
5	NSS Day Celebration	NSS Unit and Sonamukhi College	Annual Activity	24/09/2022	25
6	Clean India Program	NSS Unit and Sonamukhi College	Annual Activity	18.10.2022	15
7	Fit India Program	NSS Unit and Sonamukhi College	Annual Activity	19.10.2022	17
8	Student Credit Card awareness Camp	NSS Unit and Sonamukhi College		01.11.2022	18
9	Adventure Camp, Manali	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Manali, Himachal Pradesh, Govt. Of India		27.10.2022 - 05.11.2022	1
10	Residential Training under the Scheme "Up-Scaling Apada Mitra"	Department of Disaster Management & Civil Defence, Bankura, Govt. Of West Bengal		07.11.2022 - 19.11.2022	4
11	NSS Special Camp	NSS Unit and Sonamukhi College	NSS Special Cmap	14/12/2022-20/12/2022	100
	i)Inaugural programme	NSS Unit and Sonamukhi College		14/12/2022	100
	ii)Tree plantation and Health camp at adopted village Muslo	NSS Unit and Sonamukhi College		15/12/2022	100
	iii) Training on climb the Mountant	NSS Unit and Sonamukhi College		16.12.2022	100



Ray  
29/11/23



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	iv) Tree plantation and health camp at adopted village Shiber bandh	NSS Unit and Sonamukhi College		17.12.2022	100
	v) Tree plantation and health camp at adopted village Churamonipur	NSS Unit and Sonamukhi College		18.12.2022	100
	vi) Blood Donation Camp	NSS Unit and Sonamukhi College		19.12.2022	100
	vii) Training on fire extinguisher	NSS Unit and Sonamukhi College		19.12.2022	100
	viii) Yoga training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	ix) Carate training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	x) Closing and cultural programme	NSS Unit and Sonamukhi College		20/12/2022	100
12	National Youth Day	NSS Unit and Sonamukhi College	Annual Activity	12.01.2023	25
13	Republic Day celebration	NSS Unit and Sonamukhi College	Annual Activity	26/01/2023	30
14	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt. Of India & The University of Burdwan, W.B.		18.02.2023 - 24.02.2023	1
15	Celebration of International Women Day	NSS Unit and Sonamukhi College	Annual Activity	09.03.2023	20
16	Sensitization Campaign on " Health Hazard & ill effect of Tobacco"	NSS Unit Sonamukhi College & Bankura Health District		15.03.2023	30
17	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Odisha, Puri, Govt. Of India & sri jagannath veda karmakanda mahavidyalaya, puri		19.03.2023 - 25.03.2023	1
18	International Yoga Day	NSS Unit and Sonamukhi College	Annual Activity	21/06/2023	20
19	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Chennai, Tamilnadu, Govt. Of India & B.S.Abdul Rahman University, Vandalur, Chennai, (Tamilnadu)		19.06.2023 - 25.06.2023	1
	<b>NCC UNIT</b>				
20	College Campus Cleaning Programme	Sonamukhi College	NCC UNIT	13-08-2022	51



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	iv) Tree plantation and health camp at adopted village Shiber bandh	NSS Unit and Sonamukhi College		17.12.2022	100
	v) Tree plantation and health camp at adopted village Churamonipur	NSS Unit and Sonamukhi College		18.12.2022	100
	vi) Blood Donation Camp	NSS Unit and Sonamukhi College		19.12.2022	100
	vii) Training on fire extinguisher	NSS Unit and Sonamukhi College		19.12.2022	100
	viii) Yoga training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	ix) Carate training program	NSS Unit and Sonamukhi College		15.12.2022 - 20.12.2022	100
	x) Closing and cultural programme	NSS Unit and Sonamukhi College		20/12/2022	100
12	National Youth Day	NSS Unit and Sonamukhi College	Annual Activity	12.01.2023	25
13	Republic Day celebration	NSS Unit and Sonamukhi College	Annual Activity	26/01/2023	30
14	National Integration Camp	Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt. Of India & The University of Burdwan, W.B.		18.02.2023 - 24.02.2023	1
15	Celebration of International Women Day	NSS Unit and Sonamukhi College	Annual Activity	09.03.2023	20
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	<b>NCC UNIT</b>				
20	College Campus Cleaning Programme	Sonamukhi College	NCC UNIT	13-08-2022	51



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21	76th Independence Day Celebration and Covid-19 Awareness Rally and Fruit Distribution at Sonamukhi Hospital.	Sonamukhi College	ANNUAL ACTIVITY	15-08-2022	45
22	NCC Special Class	Sonamukhi College	NCC UNIT	17-08-2022	42
23	Obstacle Ground Preparation	Sonamukhi College	NCC UNIT	25-08-2022	34
24	Trekking And Rappelling	Sonamukhi College	NCC UNIT	17-12-2022	34
25	Birth Day Celebration of Netaji Subhas Chandra Bose	Sonamukhi College	NCC UNIT	23-01-2023	69
26	Republic Day Celebration	Sonamukhi College	NCC UNIT	26-01-2023	61
27	International Yoga Day Celebration	Sonamukhi College	NCC UNIT	21-06-2023	89



Principal

Sonamukhi College  
Sonamukhi, Bankura  
Principal  
Sonamukhi College  
Sonamukhi, Bankura

29/11/23

Extension and  
outreach programs  
conducted by the  
institution through  
NSS

# NSS Activities for Academic Yr. 2022-2023

## 1. College Foundation Day Celebration & Tree Plantation Programme.

Date : 17/08/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-20

Aim:

- To plant a good number of saplings for environmental safety.
- To generate awareness in people about environment.



## 2. Botanical Garden Cleaning.

Date : 06/09/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-15

Aim:

- Botanical garden is to keep all the medicinal plants there free from insects and create a healthy environment.



### 3. Adopted Village Cleanliness Program(Muslo)

Date : 06/09/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-22

Aim:

- a platform for raising awareness on environmental issues as marine pollution.





#### 4. Tree plantation program [NAAC peer team members].

Date : 09/09/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-25

Aim.

- To generate awareness in people about environment.



#### 5. NSS Day Celebration.

Date : 24/09/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-25

Aim:

- To celebrate the foundation day of NSS and generate knowledge among volunteers regarding the scope of NSS.



## 6. Clean India Program .

Date : 18/10/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-15

Aim:

- This mission was to achieve universal sanitation coverage.



## 7. Fit India Program.

Date : 19/10/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers-17

Aim:

- To encourage indigenous sports and to make fitness reach every school, college/university, panchayat/village, etc.



## 8. Student Credit Card awareness Camp.

Date : 01/11/2022

Organized by – NSS Unit Sonamukhi College

Number of volunteers- 18



## 9. Adventure Camp, Manali

Date :27.10.2022 - 05.11.2022

Organized by – Ministry of Youth Affairs & Sports, Regional Directorate of NSS Manali,  
Himachal Pradesh, Govt. Of India

Number of volunteers-1



## 10. Residential Training under the Scheme "Up-Scaling ApadaMitra"

Date :07.11.2022 - 19.11.2022

Organized by – Department of Disaster Management & Civil Defence, Bankura, Govt. Of West Bengal

Number of volunteers- 4



## 4. NSS Special Camp

Date : 14/12/2022 – 20/12/2022

Organized by – NSS Unit Sonamukhi College

Theme: Youth Role in Clean India

Number of volunteers-100

Aim:

- To involve volunteers for the sake of wellness of society, especially at the adopted villages.
- Generation of awareness through seminars.
- Blood Donation awareness.

Some Activities in NSS Special camp :-

- Inaugural programme.
- Tree plantation and Health camp at adopted village Muslo.
- Training on climb the Mountant.
- Tree plantation and health camp at adopted village Shiberbandh.
- Tree plantation and health camp at adopted village Churamonipur.
- Blood Donation Camp.
- Training on fire extinguisher.
- Yoga training program.
- Carate training program.
- Closing and cultural programme.

# Photo Gallery

**Inaugural programme**  
**Date: 14/12/2022**



## Tree plantation and Health camp at adopted village Muslo Date: 15/12/2022



## Training on climbing the Mountant Date: 16/12/2022



**Tree plantation and health camp at adopted village Shiber Bandh**  
**Date: 17/12/2022**



**Tree plantation and health camp at adopted village Churamonipur**  
**Date: 18/12/2022**



**Blood Donation Camp**  
**Date: 19/12/2022**



**Training on fire extinguishers**  
**Date: 19/12/2022**



**Yoga training program**  
**Date: 15/12/2022 - 20/12/2022**





**Carate training program**  
**Date: 15/12/22 -20/12/22**



**Closing and cultural programme**  
**Date: 20/12/2022**



## 12. National Youth Day

Date : 12/01/2023

Organized by – NSS Unit Sonamukhi College

Number of volunteers-25

Aim:

- a better future for the country by motivating the youth and spreading the ideas of the Swami Vivekananda.



## 13. Republic Day celebration

Date : 26/01/2023

Organized by – NSS Unit Sonamukhi College

Number of volunteers-30

Aim:

- To celebrate the Republic day of India, along with NSS volunteers of the college.



#### 14. National Integration Camp

Date : 18/02/2023– 24/02/2023

Organized by – Ministry of Youth Affairs & Sports, Regional Directorate of NSS Kolkata, W.B, Govt. Of India & The University of Burdwan, W.B.

Number of volunteers-1



#### 15. Celebration of International Women Day

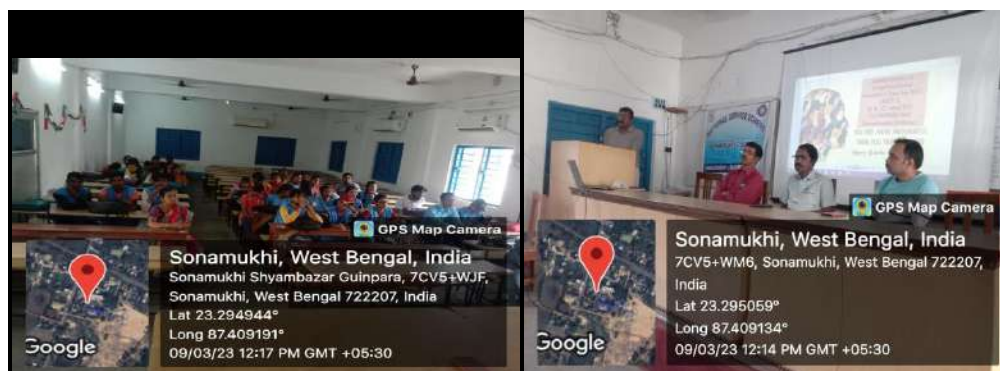
Date : 09/03/2023

Organized by – NSS Unit Sonamukhi College

Number of volunteers-20

Aim:

- The progress made towards achieving gender equality and women's empowerment.



## 16. Sensitization Campaign on " Health Hazard & ill effect of Tobacco"

Date : 15/03/2023

Organized by – NSS Unit Sonamukhi College & Bankura Health District

Number of volunteers-30

Aim:

- Discourages people from smoking & help people stop smoking.



## 17. National Integration Camp

Date : 19/03/2023– 25/03/2023

Organized by – Ministry of Youth Affairs & Sports, Regional Directorate of NSS Odisha, Puri, Govt. Of India & sri jagannath veda karmakanda mahavidyalaya, puri

Number of volunteers-1



## 18. International Yoga Day

Date : 21/06/2023

Organized by –NSS Unit Sonamukhi College

Number of volunteers-20

Aim :

- To involve volunteers into the practice of yoga and make them understand its importance.
- Generation of awareness among people regarding importance of yoga.



## 19. National Integration Camp

Date : 19/06/2023 – 25/06/2023

Organized by – Ministry of Youth Affairs & Sports, Regional Directorate of NSS Chennai, Tamilnadu, Govt. Of India & B.S.Abdul Rahman University, Vandalur, Chennai, (Tamilnadu)

Number of volunteers-1



Extension and  
outreach programs  
conducted by the  
institution through  
NCC

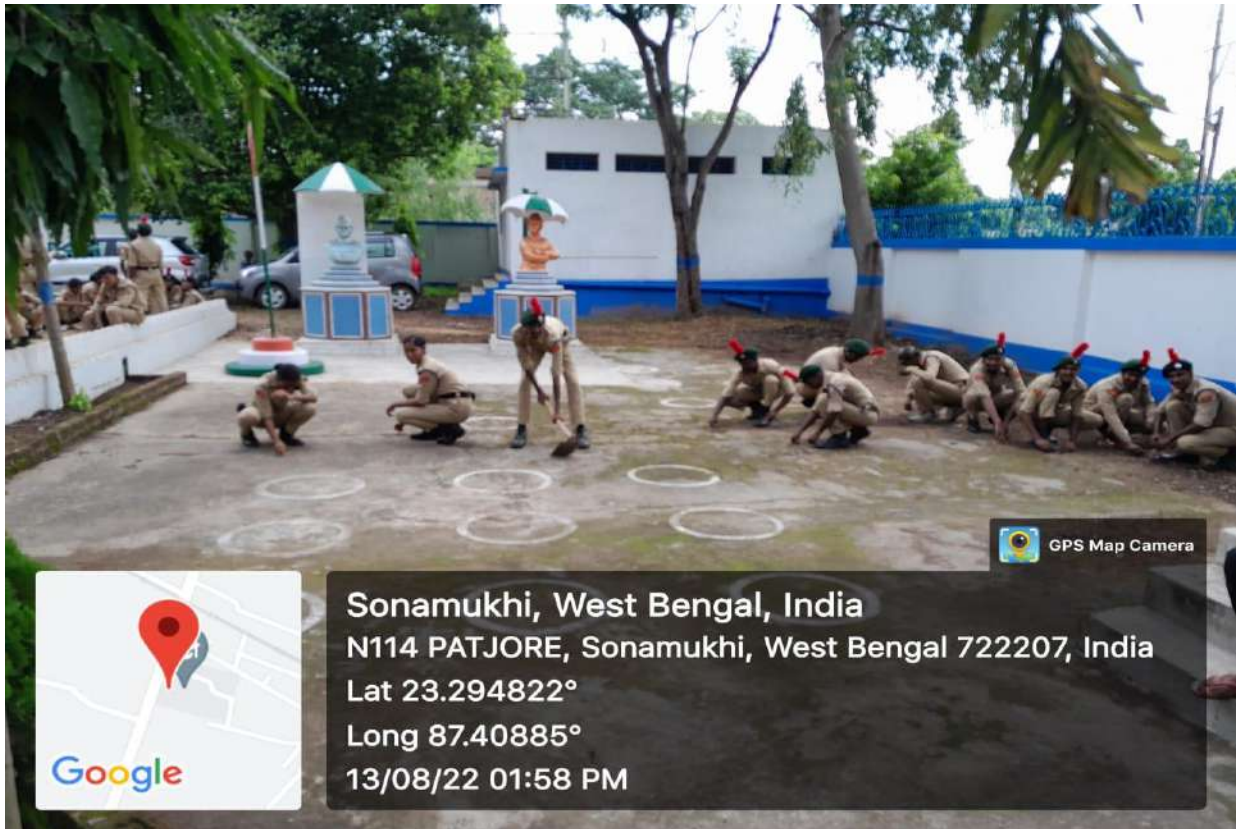
- **Title of the programme** : **COLLEGE CAMPUS CLEANING PROGRAMME**
- **Organized by** :NCC UNIT
- **Date of the programme** : 13<sup>th</sup> AUGUST, 2022
- **Funding Agency** :Sonamukhi College
- **Number of student participants** : 51 cadets participated
- **Number of Teacher participated** : 2
- 

#### ❖ **Aims and Objectives:**

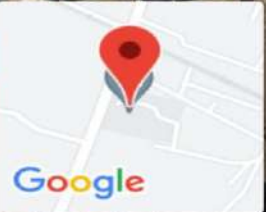
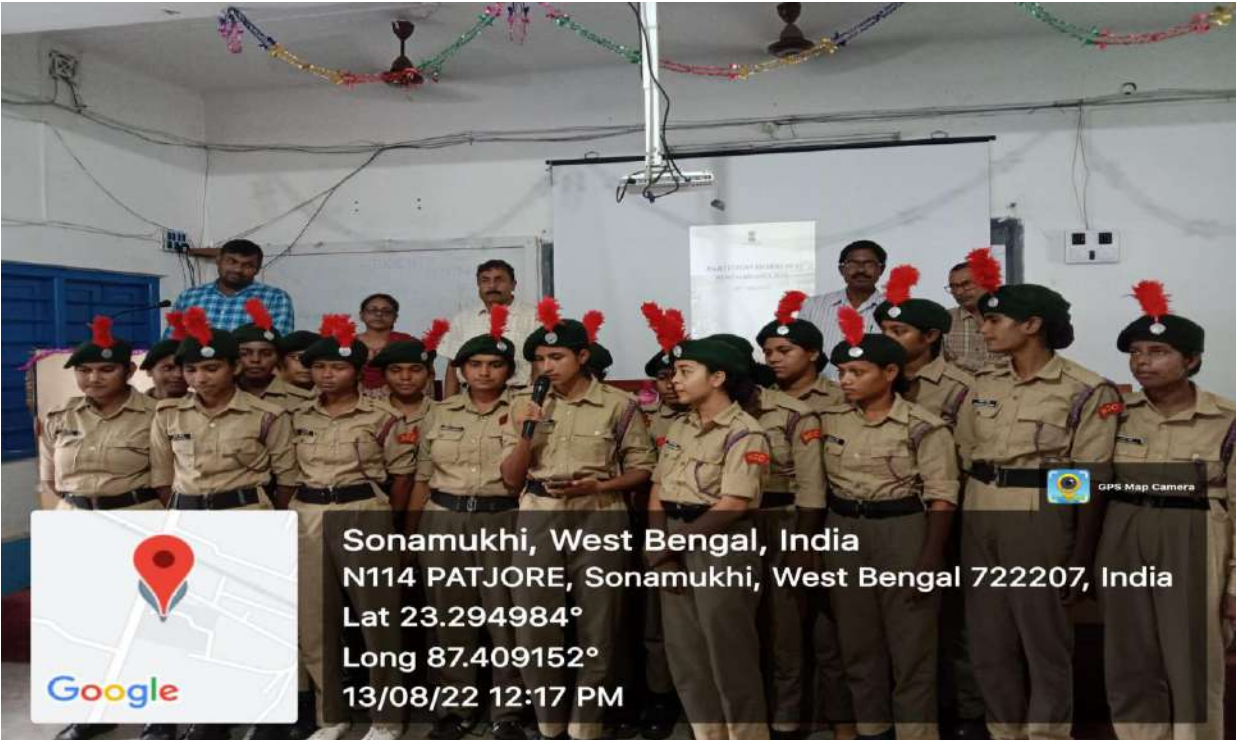
- To spread awareness about cleanliness and sanitization.
- To encourage people to be clean and hygiene in their daily lives and get free from obesity, laziness, stress, anxiety, diseases, etc.
- To promote awareness and collective consciousness among the students.
- To bring about behavioral changes and move towards a more physically active life style.

#### ❖ **Programme outcome:**

- Cadets have got several informations about Sanitization and cleanliness.
- Cadets gain knowledge about health and hygiene.
- Cadets have realized the importance of cleanliness.
- Cadets have learn about the maintainane of social distancing and sanitization.
- This programme will help them in increasing self-awareness and sensitivity to others.



Sonamukhi, West Bengal, India  
N114 PATJORE, Sonamukhi, West Bengal 722207, India  
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Long 87.40885°  
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Sonamukhi, West Bengal, India  
N114 PATJORE, Sonamukhi, West Bengal 722207, India  
Lat 23.294984°  
Long 87.409152°  
13/08/22 12:17 PM





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P O & P S : Sonamukhi, Dist -Bankura,  
West Bengal, India -722 207

NAAC B\* 2022  
AISHE : C-44762

## COLLEGE CAMPUS CLEANING PROGRAMME

DATE - 13.08.2022

SL NO	NAME	REGIMENTAL NO
1	RAHUL KR RUIDAS	WB19SDA176801
2	PRATAP DEY	WB19SDA176804
3	ARIJIT DUTTA	WB19SDA176816
4	SUMAN GHOSH	WB19SDA176819
5	SUKANYA ROY	WB19SWA176833
6	TANUSREE BARUI	WB19SWA176834
7	TANUSREE BAURI	WB19SWA176842
8	BISWAJIT BAGDI	WB20SDA176478
9	SUKLAL MURMU	WB20SDA176479
10	RAM ROY	WB20SDA176481
11	MD HOSEN KHAN	WB20SDA176484
12	UTTAM KR DEASI	WB20SDA176486
13	NILKANTA KARAK	WB20SDA176491
14	RAKESH GHOSH	WB20SDA176495
15	RAJIBUL MONDAL	WB20SDA176498
16	JOY BAGDI	WB20SDA176500
17	RAJESH BAURI	WB20SDA176501
18	SAMIR GHOSH	WB20SDA176504
19	SUJOY GHOSH	WB20SDA176507
20	SUPRABHAT SAMANTA	WB20SDA176510
21	PALLABI ROY	WB20SWA176514
22	TITHI ADAK	WB20SWA176517
23	RIMPA MODAK	WB20SWA176519
24	SATHI MONDAL	WB20SWA176520
25	RAKHI SHARMA	WB20SWA176524
26	MOU RAJAK	WB20SWA176527

  
LT. SALIL BHUIIN  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

  
Principal  
Sonamukhi College  
Sonamukhi, Bankura

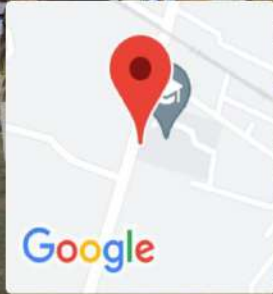


- **Title of the programme** : **76<sup>th</sup> Independence Day Celebration and Covid-19 Awareness Rally and Fruit Distribution at Sonamukhi Hospital.**
- **Organized by:** NCC Unit and Sonamukhi College
- **Date of the programme:** 15<sup>th</sup> August, 2022
- **Funding Agency** :Sonamukhi College
- **Number of student participants** : 45 Cadets
- **Number of Teacher participated** :08
- **Place of extension / outreach activity** : College campus and Sonamukhi Hospital

### ❖ **Aims and Objectives:**

- To show our solidarity towards the Nation.
- To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- To keep the love for India alive.
- To aware people about Dengue and Covid -19.

❖ **ProgrammeOutcome:**Independence Day teaches students about the value of Independence as a nation, as a community.It is the day when we feel the love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, cooperation, self-discipline and self-confidence.



**Sonamukhi, West Bengal, India**  
7CV5+WC6, Bishnupur - Sonamukhi Rd, Sonamukhi, West Bengal  
722207, India  
Lat 23.294741°  
Long 87.408695°  
15/08/22 09:33 AM



**Sonamukhi, West Bengal, India**  
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Long 87.411461°  
15/08/22 10:03 AM



**Sonamukhi, West Bengal, India**  
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Long 87.411636°  
15/08/22 10:08 AM



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NAAC 'B' 2022  
AISHE : C-44762

## 76 INDEPENDENCE DAY CELEBRATION, COVID 19 AWARENESS RALLY & FRUIT DISTRIBUTION AT SONAMUKHI HOSPITAL

DATE- 15.08.2022

1	SUKANYA ROY	WB19SWA176833
2	TANUSREE BARUI	WB19SWA176834
3	TANUSREE BAURI	WB19SWA176842
4	BISWAJIT BAGDI	WB20SDA176478
5	SUKLAL MURMU	WB20SDA176479
6	RAM ROY	WB20SDA176481
7	MD HOSEN KHAN	WB20SDA176484
8	UTTAM KR DEASI	WB20SDA176486
9	NILKANTA KARAK	WB20SDA176491
10	RAKESH GHOSH	WB20SDA176495
11	RAJIBUL MONDAL	WB20SDA176498
12	JOY BAGDI	WB20SDA176500
13	RAJESH BAURI	WB20SDA176501
14	SAMIR GHOSH	WB20SDA176504
15	SUJOY GHOSH	WB20SDA176507
16	SABIR ALI KHAN	WB20SDA176511
17	PALLABI ROY	WB20SWA176514
18	TITHI ADAK	WB20SWA176517
19	RIMPA MODAK	WB20SWA176519
20	SATHI MONDAL	WB20SWA176520
21	RAKHI SHARMA	WB20SWA176524
22	MOU RAJAK	WB20SWA176527
23	SANCHITA KARAK	WB20SWA176528
24	PRIYANKA GOSWAMI	WB20SWA176529
25	SURAJIT MAL	WB21SDA176519
26	SOHAM LOHAR	WB21SDA176520

  
LT. SALIL BHUIIN  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

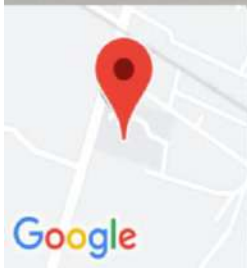
  
Principal  
Sonamukhi College  
Sonamukhi, Bankura

- **Title of the programme** : NCC SPECIAL CLASS
- **Organized by** : NCC UNIT OF SONAMUKHI COLLEGE
- **Date of the programme** : 17<sup>th</sup> August, 2022
- **Funding Agency** : Sonamukhi College
- **Number of student participants** : 42 cadets participated
- **Number of Teacher participated** : 2
- **Place of extension / outreach activity** : Sonamukhi College
- **Beneficiaries** : NCC cadets of Sonamukhi College

❖ **Aims and Objectives:**

- To encourage cadets for participation in various programmes through NCC.
- To encourage cadets to use this national platform for the betterment of future.
- To encourage NCC cadets to built personality and to become self depended.
- To bring about behavioral changes and move towards a more active life style.
- To encourage people to take up fitness activities such as running and sports in their daily life.

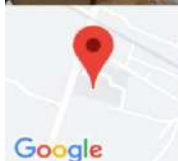
❖ **Programme outcome:** The cadets who attended the event created awareness on the need to maintain good habits and behavior through regular NCC classes.



Sonamukhi, West Bengal, India  
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Lat 23.294671°  
Long 87.409179°  
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Sonamukhi, West Bengal, India  
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17/08/22 10:41 AM



Sonamukhi, West Bengal, India  
7CV5+WM6, Sonamukhi, West Bengal 722207, India  
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Long 87.40915°  
17/08/22 10:40 AM



Students' Gateway: [www.sonamukhicollege.ac.in](http://www.sonamukhicollege.ac.in)  
**SONAMUKHI COLLEGE**

22°17'41.2788"N 87°24'32.37"E  
P.O & P.S - Sonamukhi Dist -Bankura  
West Bengal, India -722 207

NAAC B+ 2022  
A2SHE : C-44762

**NCC SPECIAL CLASS**

**DATE - 17.08.2022**

1	TANUSREE BARUI	WB19SWA176834
2	TANUSREE BAURI	WB19SWA176842
3	BISWAJIT BAGDI	WB20SDA176478
4	SUKLAL MURMU	WB20SDA176479
5	RAM ROY	WB20SDA176481
6	MD HOSEN KHAN	WB20SDA176484
7	UTTAM KR DEASI	WB20SDA176486
8	NILKANTA KARAK	WB20SDA176491
9	RAKESH GHOSH	WB20SDA176495
10	SAMIR GHOSH	WB20SDA176504
11	SUJOY GHOSH	WB20SDA176507
12	SABIR ALI KHAN	WB20SDA176511
13	PALLABI ROY	WB20SWA176514
14	TITHI ADAK	WB20SWA176517
15	RIMPA MODAK	WB20SWA176519
16	SATHI MONDAL	WB20SWA176520
17	RAKHI SHARMA	WB20SWA176524
18	MOU RAJAK	WB20SWA176527
19	SANCHITA KARAK	WB20SWA176528
20	PRIYANKA GOSWAMI	WB20SWA176529
21	SURAJIT MAL	WB21SDA176519
22	SOHAM LOHAR	WB21SDA176520
23	SAGAR SARKAR	WB21SDA176521
24	PARTHA DEY	WB21SDA176522
25	SADRUL MONDAL	WB21SDA176523
26	SOMNATH ADHIKARI	WB21SDA176524
27	KAILASH BAGDI	WB21SDA176527

  
**LT. SALIL BHUIN**  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

  
**Principal**  
Sonamukhi College  
Sonamukhi, Bankura





- **Title of the programme** : **OBSTACLE GROUND PREPARATION**
- **Organized by** : NCC Unit
- **Date of the program**:25<sup>th</sup> August, 2022
- **Funding Agency** : Sonamukhi College
- **Number of student participants** : 34 cadets participated
- **Number of Teacher participated** : 1
- **Place of extension / outreach activity** : College campus
- **Beneficiaries** : Teachers & Cadets

#### ❖ **Aims and Objectives:**

- To prepare a training ground in the college campus.
- To promote national integration, camaraderie, and a spirit of adventure.
- To develop character, personality and ideals of selfless service.
- The cadets would become familiar with the culture of various training activities.

#### ❖ **Programme outcome:**

- Improve Fitness and Weight loss of the cadets.
- Trekking & Rapling enables cadets to grow leadership skills and enhance their character qualities.
- It would also build self-confidence, self-discipline and gain problem solving skills, leadership skills and enhance awareness about the environment.



Sonamukhi, West Bengal, India  
7CW6+322, Sonamukhi, West Bengal 722207, India  
Lat 23.294856°  
Long 87.410308°  
25/08/22 01:46 PM



Sonamukhi, West Bengal, India  
7CW6+322, Sonamukhi, West Bengal 722207, India  
Lat 23.294846°  
Long 87.410321°  
25/08/22 01:45 PM



Students' Gateway : [students.sonomukhicollege.ac.in](http://students.sonomukhicollege.ac.in)

# SONAMUKHI COLLEGE

23°17'41.2"N 87°24'32.9"E  
P O & P S : Sonamukhi Dist -Bankura  
West Bengal, India -722 207

NAAC B+ 2022  
AISHE : C-44762

## OBSTACLE GROUND PREPARATION

DATE - 25.08.2022

1	MD HOSEN KHAN	WB20SDA176484
2	UTTAM KR DEASI	WB20SDA176486
3	NILKANTA KARAK	WB20SDA176491
4	RAKESH GHOSH	WB20SDA176495
5	SAMIR GHOSH	WB20SDA176504
6	SUJOY GHOSH	WB20SDA176507
7	SABIR ALI KHAN	WB20SDA176511
8	PALLABI ROY	WB20SWA176514
9	TITHI ADAK	WB20SWA176517
10	RIMPA MODAK	WB20SWA176519
11	SATHI MONDAL	WB20SWA176520
12	RAKHI SHARMA	WB20SWA176524
13	MOU RAJAK	WB20SWA176527
14	SANCHITA KARAK	WB20SWA176528
15	PRIYANKA GOSWAMI	WB20SWA176529
16	SOHAM LOHAR	WB21SDA176520
17	SAGAR SARKAR	WB21SDA176521
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	JAMUNA MAJUMDAR	WB21SWA176529
21	SHIPRA MONDAL	WB21SWA176530
22	RIYA BHUNIYA	WB21SWA176531
23	MAMON PARAMANIK	WB21SWA176541
24	RAKHI BAGDI	WB21SDA176532
25	MANASI MURMU	WB21SWA176542
26	SWAGATA MUKHERJEE	WB21SWA176543
27	KRISHNA ROY	WB21SWA176533

  
LT. SALIL BHUIIN  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

  
Principal  
Sonamukhi College  
Sonamukhi, Bankura



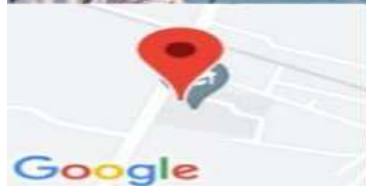
- **Title of the programme** : **Trekking and Rappelling**
- **Organized by** : NCC Unit & DMA
- **Date of the programme:** 17th December, 2022
- **Funding Agency** : Sonamukhi College
- **Number of student participants** : 34 cadets participated
- **Number of Teacher participated** : 4
- **Place of extension / outreach activity** : College campus
- **Beneficiaries** : Teachers & Cadets

#### ❖ **Aims and Objectives:**

- To promote national integration, camaraderie, and a spirit of adventure.
- To develop character, personality and ideals of selfless service.
- The cadets would become familiar with the culture of various places.

#### ❖ **Programme outcome:**

- Improve Fitness and Weight loss of the cadets.
- Trekking & Rappelling enables the cadets to reduce the risk of diabetes, strokes, heart failures, and heart attacks.
- Trekking & Rappelling enables cadets to grow leadership skills and enhance their character qualities.
- It would also build self-confidence, self-discipline and gain problem solving skills, leadership skills and enhance awareness about the environment.



**Sonamukhi, West Bengal, India**

Sonamukhi Shyambazar Guinpara, 7CV5+WJF,  
Sonamukhi, West Bengal 722207, India

Lat 23.295026°

Long 87.408953°

17/12/22 12:41 PM



# SONAMUKHI COLLEGE


23°17'41.2"N 87°24'32.9"E  
P O & P S - Sonamukhi, Dist -Bankura,  
West Bengal, India -722 207

NAAC B\* 2022  
AISHE : C-44762

## TREKKING & RAPPLING

DATE - 17.12.2022

1	RAKESH GHOSH	WB20SDA176495
2	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	WB20SWA176524
10	MOU RAJAK	WB20SWA176527
11	SANCHITA KARAK	WB20SWA176528
12	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB21SWA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB21SWA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB21SWA176543

  
LT. SALIL BHUIIN  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

  
Principal  
Sonamukhi College  
Sonamukhi, Bankura





**Title of the programme: Birth Day Celebration of Netaji Subhas Chandra Bose**

- **Organized by** : NCC Unit and Sonamukhi College
- **Date of the programme** : 23<sup>rd</sup> January, 2023
- **Funding Agency** : Sonamukhi College
- **Number of student participants** : 69 Cadets
- **Number of Teacher participated** : 08

**❖ Aims and Objectives:**

- To show our solidarity towards the Nation.
- To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- To keep the love for India alive.
- To show our love and respect to the freedom fighters of our country.

**❖ Programme outcome:-**

It is traditionally observed in all over India. It is an official holiday in West Bengal, Jharkhand, Tripura and Assam. The Government of India pays tribute to Netaji on this day. Netaji Jayanti was observed as Parakram Diwas from 2021. 23<sup>rd</sup> January teaches students about the value of love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, cooperation, self-discipline and self-confidence.





# SONAMUKHI COLLEGE


23°17'41.2"N 87°24'32.8"E  
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West Bengal, India -722 207

NAAC B+ 2022  
AISHE : C-44762

## BIRTHDAY CELEBRATION OF NETAJI SUBHAS CHANDRA BOSE

DATE - 23.01.2023

1	RAKESH GHOSH	WB20SDA176495
2	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	WB20SWA176524
10	MOU RAJAK	WB20SWA176527
11	SANCHITA KARAK	WB20SWA176528
12	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB21SWA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB21SWA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB21SWA176543

  
LT. SALIL BHUNIA  
Associate NCC Officer  
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Sonamukhi, Bankura

  
Principal  
Sonamukhi College  
Sonamukhi, Bankura



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**SONAMUKHI COLLEGE**

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P.O & P.S - Sonamukhi, Dist -Bankura,  
West Bengal, India -722 207

NAAC B<sup>+</sup> 2022  
AISHE : C-44762

28	KRISHNA ROY	WB21SWA176533
29	PRIYA BAURI	WB21SWA176534
30	RIYA MALLA	WB21SWA176535
31	SARASWATI BAURI	WB21SWA176536
32	RIMU BHADRA	WB21SWA176537
33	ANUJA BANERJEE	WB21SWA176538
34	RAJESH BAURI	WB20SDA176501
35	BISWAJIT TUDU	WB22SDA252403
36	Haidar Ali Mondal	WB22SDA252414
37	SADANANDA RUIDAS	WB22SDA252408
38	SUBRATA DHARA	WB22SDA252402
39	Soumya Ghosh	WB22SDA252385
40	Nayan Haldar	WB22SDA252391
41	SUROJ SEKH	WB22SDA252392
42	RAHUL DAS	WB22SDA252400
43	SAHEB MIT	WB22SDA252388
44	SHIBAM ANKURE	WB22SDA252417
45	JAGANNATH GHOSH	WB22SDA252411
46	LAKSHMAN BASKE	WB22SDA252405
47	GOURANGA BAGDI	WB22SDA252409
48	RAJESH DARI	WB22SDA252382
49	SUBHAJIT MALLA	WB22SDA252384
50	PAPU PAL	WB22SDA252390
51	TARUN KUMAR GHOSH	WB22SDA252410
52	AYAN BANGAL	WB22SDA252401
53	DEBU GHOSH	WB22SDA252413
54	SOURAV GHOSH	WB22SDA252406
55	SOMNAH LOHAR	WB22SDA252397
56	SUBHADIP SUTRADHAR	WB22SDA252393
57	ROHAN KAR	WB22SDA252389
58	SOURAV GHOSH	WB22SDA252412
59	BIKRAM MONDAL	WB22SDA252407
60	ANKHI GHOSH	WB22SWA252420
61	SUSMITA TALUKDAR	WB22SWA252423
62	SOMA ROY	WB22SWA252427

  
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Principal  
Sonamukhi College  
Sonamukhi, Bankura



Students' Gateway - students@sonamukhicollege.ac.in  
**SONAMUKHI COLLEGE**

23°17'41.2"N 87°24'32.9"E  
P O & P S : Sonamukhi, Dist -Bankura,  
West Bengal, India -722 207

NAAC B<sup>+</sup> 2022  
AISHE : C-44762

63	SWEETY CHATTOPADHYAY	WB22SWA252432
64	SAMAPTI GHOSH	WB22SWA252421
65	PRIYA DAS	WB22SWA252418
66	MAMPI TAPASI	WB22SWA252431
67	HASNAHANA KHATUN	WB22SWA252424
68	RAKHI DAS	WB22SWA252433
69	PRIYA PAL	WB22SWA252434

- Title of the programme** : Republic Day Celebration
- **Organized by** : NCC Unit and Sonamukhi College
  - **Date of the programme** : 26<sup>th</sup> January, 2023
  - **Funding Agency** : Sonamukhi College
  - **Number of student participants** :61 Cadets
  - **Number of Teacher participated** :12

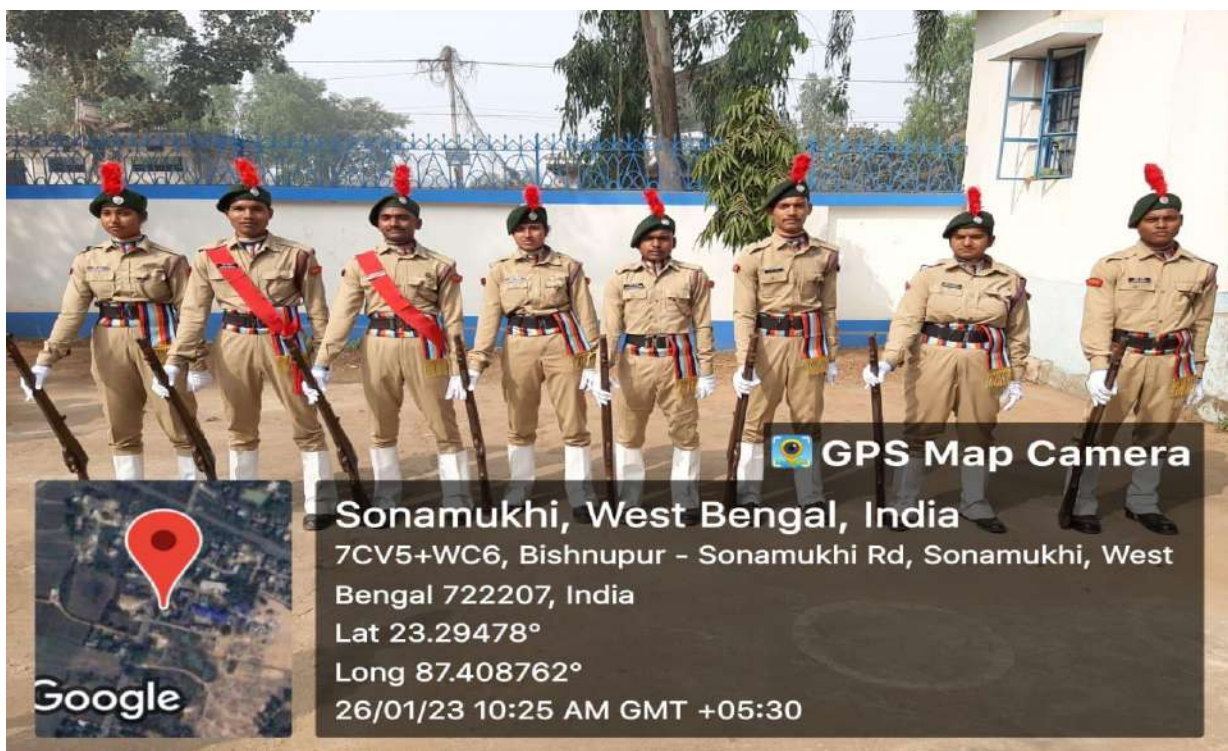
#### ❖ Aims and Objectives:

- To show our solidarity towards the Nation.
- To pay our tribute to our freedom fighters who laid down their lives for the country and its freedom.
- To keep the love for India alive.
- To show our love and respect to the freedom fighters of our country.

#### ❖ Programme Outcome:-

It is traditionally observed in all over India. It is an official holiday in West Bengal, Jharkhand, Tripura and Assam. The Government of

India pays tribute to Netaji on this day. Netaji Jayanti was observed as ParakramDiwas from 2021. 23<sup>rd</sup> January teaches students about the value of love and patriotism for the country. Cadets will realize the importance of service to the nation, as they will learn about the sacrifices and struggles of the freedom fighters. It increases their self-awareness and sensitivity to others, teaching them to help others around them. It builds other essential traits, including patience, self-help, co-operation, self-discipline and self-confidence.





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[www.sonamukhicollege.ac.in](http://www.sonamukhicollege.ac.in)  
**SONAMUKHI COLLEGE**

23°17'41.2"N 87°24'32.9"E  
P.O. & P.S. - Sonamukhi, Dist - Bankura,  
West Bengal, India -722 207

NAAC B<sup>+</sup> 2022  
AISHE : C-44762

Republic Day Celebration		
DATE - 26.01.2023		
1	RAKHI SHARMA	WB20SWA176524
2	MOU RAJAK	WB20SWA176527
3	SANCHITA KARAK	WB20SWA176528
4	PRIYANKA GOSWAMI	WB20SWA176529
5	SURAJIT MAL	WB21SDA176519
6	SOHAM LOHAR	WB21SDA176520
7	SAGAR SARKAR	WB21SDA176521
8	PARTHA DEY	WB21SDA176522
9	SADRUL MONDAL	WB21SDA176523
10	SOMNATH ADHIKARI	WB21SDA176524
11	KAILASH BAGDI	WB21SDA176527
12	SOURAV GHOSH	WB21SDA176528
13	JAMUNA MAJUMDAR	WB21SWA176529
14	SHIPRA MONDAL	WB21SWA176530
15	RIYA BHUNIYA	WB21SWA176531
16	MAMON PARAMANIK	WB21SWA176541
17	RAKHI BAGDI	WB21SDA176532
18	MANASI MURMU	WB21SWA176542
19	SWAGATA MUKHERJEE	WB21SWA176543

  
LT. SALIL BHOWIN  
Associate NCC Officer  
Sonamukhi College  
Sonamukhi, Bankura

  
Principal  
Sonamukhi College  
Sonamukhi, Bankura





- **Title of the programme** : **INTERNATIONAL YOGA DAY CELEBRATION**
- **Organized by** :NCC UNIT
- **Date of the programme** : 21<sup>st</sup> JUNE, 2023
- **Funding Agency** : Sonamukhi College
- **Number of student participants** : 89 cadets participated
- **Number of Teacher participated** : 04
- **MOTTO** : Fitness Ka Dose, Aadha Ghanta Roz.

❖ **Aims and Objectives:**

- To spread awareness on fitness and various physical activities that promote fitness through Yoga.
- To encourage people to take up fitness activities such as running and sports in their daily lives and get free from obesity, laziness, stress, anxiety, diseases, etc.
- To promote fitness as easy, fun and free.
- To bring about behavioral changes and move towards a more physically active life style.

❖ **Programmeoutcome:**The cadets who attended the event created public awareness on the need to maintain good physical condition through regular Yoga practice..



**Sonamukhi, West Bengal, India**

Sonamukhi Shyambazar Guinpara, 7CV5+WJF, Sonamukhi, West Bengal 722207, India

Lat 23.294805°

Long 87.408955°

21/06/23 08:27 AM

Google



**Sonamukhi, West Bengal, India**

N114 PATJORE, Sonamukhi, West Bengal 722207, India

Lat 23.294797°

Long 87.409017°

21/06/23 08:30 AM

Google



# SONAMUKHI COLLEGE

23°17'41.2"N 87°24'32.9"E  
P.O. & P.S. Sonamukhi Dist -Bankura  
West Bengal, India -722 207

NAAC B<sup>+</sup> 2022  
AISHE : C-44762

## INTERNATIONAL YOGA DAY

DATE - 21.06 2023

1	RAKESH GHOSH	WB20SDA176495
2	SAMIR GHOSH	WB20SDA176504
3	SUJOY GHOSH	WB20SDA176507
4	SABIR ALI KHAN	WB20SDA176511
5	PALLABI ROY	WB20SWA176514
6	TITHI ADAK	WB20SWA176517
7	RIMPA MODAK	WB20SWA176519
8	SATHI MONDAL	WB20SWA176520
9	RAKHI SHARMA	WB20SWA176524
10	MOU RAJAK	WB20SWA176527
11	SANCHITA KARAK	WB20SWA176528
12	PRIYANKA GOSWAMI	WB20SWA176529
13	SURAJIT MAL	WB21SDA176519
14	SOHAM LOHAR	WB21SDA176520
15	SAGAR SARKAR	WB21SDA176521
16	PARTHA DEY	WB21SDA176522
17	SADRUL MONDAL	WB21SDA176523
18	SOMNATH ADHIKARI	WB21SDA176524
19	KAILASH BAGDI	WB21SDA176527
20	SOURAV GHOSH	WB21SDA176528
21	JAMUNA MAJUMDAR	WB21SWA176529
22	SHIPRA MONDAL	WB21SWA176530
23	RIYA BHUNIYA	WB21SWA176531
24	MAMON PARAMANIK	WB21SWA176541
25	RAKHI BAGDI	WB21SDA176532
26	MANASI MURMU	WB21SWA176542
27	SWAGATA MUKHERJEE	WB21SWA176543

  
LT. SALIL BHUI  
Associate NCC Officer  
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Sonamukhi, Bankura

  
Sonamukhi College  
Sonamukhi, Bankura




# SONAMUKHI COLLEGE

PO & PS - Sonamukhi Dist. Bankura  
West Bengal, India - 722 207

NAAC B+ 2022  
AISHE : C-44762

28	KRISHNA ROY	WB21SWA176533
29	PRIYA BAURI	WB21SWA176534
30	RIYA MALLA	WB21SWA176535
31	SARASWATI BAURI	WB21SWA176536
32	RIMU BHADRA	WB21SWA176537
33	ANUJA BANERJEE	WB21SWA176538
34	RAJESH BAURI	WB20SDA176501
35	BISWAJIT TUDU	WB22SDA252403
36	Haidar Ali Mondal	WB22SDA252414
37	SADANANDA RUIDAS	WB22SDA252408
38	SUBRATA DHARA	WB22SDA252402
39	Soumya Ghosh	WB22SDA252385
40	NAYAN HALDAR	WB22SDA252391
41	SUROJ SEKH	WB22SDA252392
42	RAHUL DAS	WB22SDA252400
43	SAHEB MIT	WB22SDA252388
44	SHIBAM ANKURE	WB22SDA252417
45	JAGANNATH GHOSH	WB22SDA252411
46	LAKSHMAN BASKE	WB22SDA252405
47	GOURANGA BAGDI	WB22SDA252409
48	RAJESH DARI	WB22SDA252382
49	SUBHAJIT MALLA	WB22SDA252384
50	PAPU PAL	WB22SDA252390
51	TARUN KUMAR GHOSH	WB22SDA252410
52	AYAN BANGAL	WB22SDA252401
53	DEBU GHOSH	WB22SDA252413
54	SOURAV GHOSH	WB22SDA252406
55	SOMNAH LOHAR	WB22SDA252397
56	SUBHADIP SUTRADHAR	WB22SDA252393
57	ROHAN KAR	WB22SDA252389
58	SOURAV GHOSH	WB22SDA252412
59	BIKRAM MONDAL	WB22SDA252407
60	ANKHI GHOSH	WB22SWA252420
61	SUSMITA TALUKDAR	WB22SWA252423
62	SOMA ROY	WB22SWA252427

  
Lt. SALIL BHUNIA  
Associate NCC Officer  
Sonamukhi College  
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